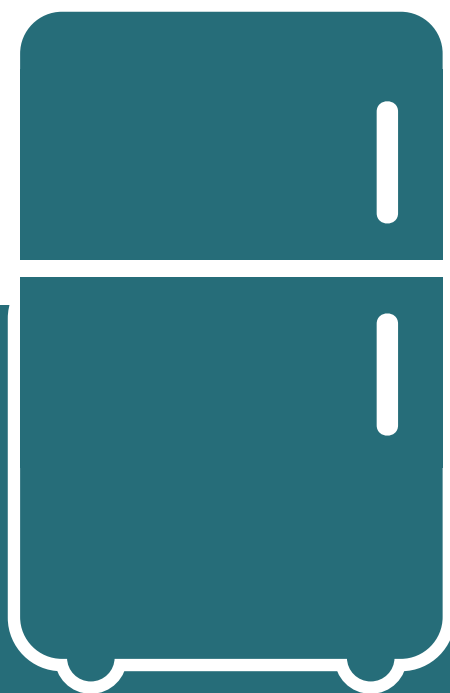# Keep your samples safe
DEFROST REGULARLY

Iced-up freezers have to work harder, shortening their lifespan.

Defrost annually for long term storage and more often for those in constant user to keep ice levels at a minimum.